

[Our Cookie Policy](#)

Cookies are small text files which contain a string of characters that can be placed on your computer or mobile device to uniquely identify your browser or device. They do not search your computer for information. They are harmless and cannot introduce viruses to your computer. Cookies tell our website if your computer or device has visited before, and are designed to help us improve our service, and the development of our website.

We use cookies to better understand how our site is being used, to help you navigate efficiently, to help remember relevant preferences and improve your browsing experience. We may also use cookies to help ensure our online marketing is more relevant to you. Cookies only store information that you provide. A cookie will only store personal information, such as your email addresses and contact details, if you have voluntarily provided it.

The following data may be gathered by cookies if you visit our website:

- The IP address of the requesting computer
- The date and duration of your visit
- The identification data of the browser and operating system type used
- The web pages you visited on our website
- The length of visits to certain pages and your page interactions
- The website from which you visited our website
- The documents you downloaded or videos viewed

Cookies themselves contain very little information other than the URL of our website. Because there is so little information, a cookie cannot be used to identify you by name or acquire any personal information. The table below explains the cookies we use and why.

Cookie Name	Purpose	Expiry
has_js	A functional cookie that indicate whether your browser has JavaScript enabled in order to run key site features.	180 days
_gat	These cookies are used to collect information about how visitors use our website. We use	1 day

the information to compile reports and to help us improve the website. The cookies collect information in an anonymous form, including the number of visitors to the website and blog, where visitors have come to the website from and the pages they visited.

_gid	Used to distinguish users.	24 hours
_ga	Google Analytics cookie, used to distinguish users	26 months

You can set or amend your web browser controls to accept or refuse cookies. If you choose to reject cookies, you can still access our website but your access to some functionality and areas of the site may be restricted.

Most web browsers allow some control of most cookies through the browser settings. To find out more about cookies, including how to see what cookies have been set, visit www.aboutcookies.org or www.allaboutcookies.org.

If you have any questions or concerns about our Cookie Policy, please email us at admin@fundamentalsltd.co.uk.